



## SHORT COMMUNICATION

# Unitarily invariant norm inequalities for operators

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**Abstract** We present several norm inequalities for Hilbert space operators. In particular, we prove that if  $A_1, A_2, \dots, A_n \in \mathbb{B}(\mathcal{H})$ , then

$$\| |A_1 A_2^* + A_2 A_3^* + \dots + A_n A_1^*| \| \leq \left\| \sum_{i=1}^n A_i A_i^* \right\|$$

for all unitarily invariant norms.

We also show that if  $A_1, A_2, A_3, A_4$  are projections in  $\mathbb{B}(\mathcal{H})$ , then

$$\left\| \left( \sum_{i=1}^4 (-1)^{i+1} A_i \right) \oplus 0 \oplus 0 \oplus 0 \right\| \leq \| (A_1 + |A_3 A_1|) \oplus (A_2 + |A_4 A_2|) \oplus (A_3 + |A_1 A_3|) \oplus (A_4 + |A_2 A_4|) \|$$

for any unitarily invariant norm.

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## 1. Introduction and preliminaries

Let  $\mathbb{B}(\mathcal{H})$  stand for the  $C^*$ -algebra of all bounded linear operators on a complex Hilbert space  $\mathcal{H}$  with inner product  $\langle \cdot, \cdot \rangle$  and let  $I$  denote the identity operator. For  $A \in \mathbb{B}(\mathcal{H})$ , let  $\|A\| = \sup\{\|Ax\| : \|x\| = 1\}$  denote the usual operator norm of  $A$  and  $|A| = (A^*A)^{1/2}$  be the absolute value of  $A$ . For  $1 \leq p < \infty$ , the Schatten  $p$ -norm of a compact operator  $A$  is defined by  $\|A\|_p = (\text{tr}|A|^p)^{1/p}$ , where  $\text{tr}$  is the usual trace functional. If  $A$  and  $B$  are operators in  $\mathbb{B}(\mathcal{H})$  we use  $A \oplus B$  to denote the  $2 \times 2$  operator matrix  $\begin{bmatrix} A & 0 \\ 0 & B \end{bmatrix}$ , regarded as an operator on  $\mathcal{H} \oplus \mathcal{H}$ . One can show that

$$\|A \oplus B\| = \max(\|A\|, \|B\|) \quad (1.1)$$

$$\|A \oplus B\|_p = \left( \|A\|_p^p + \|B\|_p^p \right)^{1/p} \quad (1.2)$$

An operator  $A \in \mathbb{B}(\mathcal{H})$  is positive and write  $A \geq 0$  if  $\langle A(x), x \rangle \geq 0$  for all  $x \in \mathcal{H}$ . We say  $A \leq B$  whenever  $B - A \geq 0$ .

We consider the wide class of unitarily invariant norms  $\|\cdot\|$ . Each of these norms is defined on an ideal in  $\mathbb{B}(\mathcal{H})$  and it will be implicitly understood that when we talk about  $\|T\|$ , then the operator  $T$  belongs to the norm ideal associated with  $\|\cdot\|$ . Each unitarily invariant norm  $\|\cdot\|$  is characterized by the invariance property  $\|UTV\| = \|T\|$  for all operators  $T$  in the norm ideal associated with  $\|\cdot\|$  and for all unitary operators  $U$  and  $V$  in  $\mathbb{B}(\mathcal{H})$ . The following are easily deduced by utilizing the basic properties of unitarily invariant norms

$$\|A \oplus A^*\| = \|A \oplus A\|, \quad (1.3)$$

$$\|A \oplus B\| = \left\| \begin{bmatrix} 0 & A \\ B & 0 \end{bmatrix} \right\| \quad (1.4)$$

$$\|AA^*\| = \|A^*A\| \quad (1.5)$$

for all operators  $A, B \in \mathbb{B}(\mathcal{H})$ . For the general theory of unitarily invariant norms, we refer the reader to Bhatia and Simon [1, 12].

It follows from the Fan dominance principle (see [7] and [11]) that the following three inequalities for all unitarily invariant norms are equivalence:

$$\|A\| \leq \|B\|, \quad (1.6)$$

$$\|A \oplus 0\| \leq \|B \oplus 0\|, \quad (1.7)$$

$$\|A \oplus A\| \leq \|B \oplus B\|. \quad (1.8)$$

It has been shown by Kittaneh [9] that if  $A_1, A_2, B_1, B_2, X$ , and  $Y$  are operators in  $\mathbb{B}(\mathcal{H})$ , then

$$\begin{aligned} & 2\| (A_1 X A_2^* + B_1 Y B_2^*) \oplus 0 \| \\ & \leq \left\| \begin{bmatrix} A_1^* A_1 X + X A_2^* A_2 & A_1^* B_1 Y + X A_2^* B_2 \\ B_1^* A_1 X + Y B_2^* A_2 & B_1^* B_1 Y + Y B_2^* B_2 \end{bmatrix} \right\| \end{aligned} \quad (1.9)$$

for all unitarily invariant norms.

It has been shown by Bhatia and Kittaneh [2] that if  $A$  and  $B$  are operators in  $\mathbb{B}(\mathcal{H})$ , then

$$\|A^*B + B^*A\| \leq \|A^*A + B^*B\|, \quad (1.10)$$

for all unitarily invariant norms.

Kittaneh [10] proved that if  $A$  and  $B$  are positive operators in  $\mathbb{B}(\mathcal{H})$ , then

$$\|(A + B) \oplus 0\| \leq \|(A + |B^{1/2} A^{1/2}|) \oplus (B + |A^{1/2} B^{1/2}|)\| \quad (1.11)$$

for any unitarily invariant norm.

It was shown by Fong [4] that if  $A \in M_n(C)$ , then

$$\|AA^* - A^*A\| \leq \|A\|^2, \quad (1.12)$$

and it was shown by Kittaneh [8] that

$$\|AA^* + A^*A\| \leq \|A^2\| + \|A\|^2. \quad (1.13)$$

In this paper we establish some norm and norm inequalities. We generalize inequalities (1.9) and (1.10) and present a norm inequality analogue to (1.11). Based on our main result, we provide new proofs of inequalities (1.12) and (1.13).

## 2. Main results

To achieve our main result we need the following lemma.

**Lemma 2.1** (3, Theorem 1). *If  $A, B$  and  $X$  are operators in  $\mathbb{B}(\mathcal{H})$ , then*

$$2\|AXB^*\| \leq \|A^*AX + XB^*B\| \quad (2.1)$$

for any unitarily invariant norm.

The main result below is an extension of [9, Theorem 2.2]. We will prove it by an approach different from [9, Theorem 2.2].

**Theorem 2.2.** *Let  $A_i, B_i, X_i \in \mathbb{B}(\mathcal{H})$  for  $i, j = 1, 2, \dots, n$ . Then*

$$\begin{aligned} & 2\| \sum_{i=1}^n (A_i X_i B_i^*) \oplus 0 \oplus \dots \oplus 0 \| \\ & \leq \left\| \begin{bmatrix} A_1^* A_1 X_1 + X_1 B_1^* B_1 & A_1^* A_2 X_2 + X_1 B_1^* B_2 & \dots & A_1^* A_n X_n + X_1 B_1^* B_n \\ A_2^* A_1 X_1 + X_2 B_2^* B_1 & A_2^* A_2 X_2 + X_2 B_2^* B_2 & \dots & A_2^* A_n X_n + X_2 B_2^* B_n \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* A_1 X_1 + X_n B_n^* B_1 & A_n^* A_2 X_2 + X_n B_n^* B_2 & \dots & A_n^* A_n X_n + X_n B_n^* B_n \end{bmatrix} \right\| \end{aligned}$$

for all unitarily invariant norms.

**Proof.** Consider the following operators on  $\oplus_{i=1}^n \mathcal{H}$

$$A = \begin{bmatrix} A_1 & A_2 & \dots & A_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix},$$

$$B = \begin{bmatrix} B_1 & B_2 & \dots & B_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix}$$

and

$$X = \begin{bmatrix} X_1 & 0 & \dots & 0 \\ 0 & X_2 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & X_n \end{bmatrix}.$$

Then

$$\begin{aligned}
& 2\left\| \sum_{i=1}^n (A_i X_i B_i^*) \oplus 0 \oplus \dots \oplus 0 \right\| \\
&= 2 \left\| \begin{bmatrix} A_1 & A_2 & \dots & A_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} X_1 & 0 & \dots & 0 \\ 0 & X_2 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & X_n \end{bmatrix} \begin{bmatrix} B_1^* & 0 & \dots & 0 \\ B_2^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ B_n^* & 0 & \dots & 0 \end{bmatrix} \right\| \\
&= 2 \|AXB^*\| \\
&\leq \|A^*AX + XB^*B\| \quad (\text{by (2.1)}) \\
&= \left\| \begin{bmatrix} A_1^* & 0 & \dots & 0 \\ A_2^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} A_1 & A_2 & \dots & A_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} X_1 & 0 & \dots & 0 \\ 0 & X_2 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & X_n \end{bmatrix} \right\| \\
&\quad + \left\| \begin{bmatrix} X_1 & 0 & \dots & 0 \\ 0 & X_2 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & X_n \end{bmatrix} \begin{bmatrix} B_1^* & 0 & \dots & 0 \\ B_2^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ B_n^* & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} B_1 & B_2 & \dots & B_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \right\| \\
&= \left\| \begin{bmatrix} A_1^* A_1 X_1 + X_1 B_1^* B_1 & A_1^* A_2 X_2 + X_1 B_1^* B_2 & \dots & A_1^* A_n X_n + X_1 B_1^* B_n \\ A_2^* A_1 X_1 + X_2 B_2^* B_1 & A_2^* A_2 X_2 + X_2 B_2^* B_2 & \dots & A_2^* A_n X_n + X_2 B_2^* B_n \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* A_1 X_1 + X_n B_n^* B_1 & A_n^* A_2 X_2 + X_n B_n^* B_2 & \dots & A_n^* A_n X_n + X_n B_n^* B_n \end{bmatrix} \right\|. \\
&\square
\end{aligned}$$

**Corollary 2.3.** Let  $A_1, A_2, \dots, A_n \in \mathbb{B}(\mathcal{H})$ . Then

$$\|A_1 A_2^* + A_2 A_3^* + \dots + A_n A_1^*\| \leq \left\| \sum_{i=1}^n A_i A_i^* \right\|,$$

for all unitarily invariant norms. In particular,

$$\|A_1 A_2^* + A_2 A_3^* + \dots + A_n A_1^*\|_p \leq \left\| \sum_{i=1}^n A_i A_i^* \right\|_p \quad \text{for } 1 \leq p \leq \infty.$$

**Proof.** Letting  $B_i = A_{i+1}$  for  $i = 1, 2, \dots, n-1$  and  $B_n = A_1$  and  $X_i = I$  in Theorem 2.2, we get

$$\begin{aligned}
& 2\|A_1 A_2^* + A_2 A_3^* + \dots + A_n A_1^* \oplus 0 \dots \oplus 0\| \\
&\leq \left\| \begin{bmatrix} A_1^* A_1 + A_2^* A_2 & A_1^* A_2 + A_2^* A_3 & \dots & A_1^* A_n + A_2^* A_1 \\ A_2^* A_1 + A_3^* A_2 & A_2^* A_2 + A_3^* A_3 & \dots & A_2^* A_n + A_3^* A_1 \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* A_1 + A_1^* A_2 & A_n^* A_2 + A_1^* A_3 & \dots & A_n^* A_n + A_1^* A_1 \end{bmatrix} \right\| \\
&\leq \left\| \begin{bmatrix} A_1^* A_1 & A_1^* A_2 & \dots & A_1^* A_n \\ A_2^* A_1 & A_2^* A_2 & \dots & A_2^* A_n \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* A_1 & A_n^* A_2 & \dots & A_n^* A_n \end{bmatrix} \right\| + \left\| \begin{bmatrix} A_2^* A_2 & A_2^* A_3 & \dots & A_2^* A_1 \\ A_3^* A_2 & A_3^* A_3 & \dots & A_3^* A_1 \\ \vdots & \vdots & \ddots & \vdots \\ A_1^* A_2 & A_1^* A_3 & \dots & A_1^* A_1 \end{bmatrix} \right\| \\
&= \left\| \begin{bmatrix} A_1^* & 0 & \dots & 0 \\ A_2^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} A_1 & A_2 & \dots & A_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \right\| \\
&\quad + \left\| \begin{bmatrix} A_2^* & 0 & \dots & 0 \\ A_3^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ A_1^* & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} A_2 & A_3 & \dots & A_1 \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \right\| \\
&= \left\| \begin{bmatrix} A_1 & A_2 & \dots & A_n \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} A_1^* & 0 & \dots & 0 \\ A_2^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ A_n^* & 0 & \dots & 0 \end{bmatrix} \right\|
\end{aligned}$$

$$\begin{aligned}
& + \left\| \begin{bmatrix} A_2 & A_3 & \dots & A_1 \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{bmatrix} \begin{bmatrix} A_2^* & 0 & \dots & 0 \\ A_3^* & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ A_1^* & 0 & \dots & 0 \end{bmatrix} \right\| \quad (\text{by (1.5)}) \\
&= 2 \left\| \left( \sum_{i=1}^n A_i A_i^* \right) \oplus 0 \dots \oplus 0 \right\|
\end{aligned}$$

By the equivalence of inequalities (1.6) and (1.7) we have

$$\|A_1 A_2^* + A_2 A_3^* + \dots + A_n A_1^*\| \leq \left\| \sum_{i=1}^n A_i A_i^* \right\|$$

for all unitarily invariant norms.  $\square$

To establish the next result we need the following Lemma. The lemma is a basic triangle inequality comparing, in unitarily invariant norms, the sum of two normal operators to the sum of their absolute values.

**Lemma 2.4.** [5] If  $A$  and  $B$  are normal operators in  $\mathbb{B}(\mathcal{H})$ , then

$$\|A + B\| \leq \| |A| + |B| \| \quad (2.2)$$

for all unitarily invariant norms.

**Corollary 2.5.** Let  $A_1, A_2, A_3, A_4$  be projections in  $\mathbb{B}(\mathcal{H})$ . Then

$$\begin{aligned}
& \left\| \left( \sum_{i=1}^4 (-1)^{i+1} A_i \right) \oplus 0 \oplus 0 \oplus 0 \right\| \\
&\leq \| (A_1 + |A_3 A_1|) \oplus (A_2 + |A_4 A_2|) \oplus (A_3 + |A_1 A_3|) \oplus (A_4 + |A_2 A_4|) \| \quad (2.3)
\end{aligned}$$

for all unitarily invariant norms. In particular,

$$\begin{aligned}
& \left\| \sum_{i=1}^4 (-1)^{i+1} A_i \right\| \\
&\leq \max\{\|A_1 + |A_3 A_1|\|, \|A_2 + |A_4 A_2|\|, \|A_3 + |A_1 A_3|\|, \|A_4 + |A_2 A_4|\|\}
\end{aligned}$$

and

$$\begin{aligned}
& \left\| \sum_{i=1}^4 (-1)^{i+1} A_i \right\|_p \leq \left( \|A_1 + |A_3 A_1|\|_p^p + \|A_2 + |A_4 A_2|\|_p^p + \|A_3 + |A_1 A_3|\|_p^p \right. \\
&\quad \left. + \|A_4 + |A_2 A_4|\|_p^p \right)^{1/p} \quad (1 \leq p < \infty).
\end{aligned}$$

**Proof.** Letting  $n = 4$ , and replacing both  $A_i$  and  $B_i$  by  $A_i$ , and putting  $X_i = (-1)^{i+1} I$  for  $i = 1, 2, 3, 4$  in Theorem 2.2, we get

$$\begin{aligned}
& \left\| \begin{bmatrix} \sum_{i=1}^4 (-1)^{i+1} A_i & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix} \right\| \\
&\leq \left\| \begin{bmatrix} A_1 & 0 & A_1 A_3 & 0 \\ 0 & -A_2 & 0 & -A_2 A_4 \\ A_3 A_1 & 0 & A_3 & 0 \\ 0 & -A_4 A_2 & 0 & -A_4 \end{bmatrix} \right\| \\
&= \left\| \begin{bmatrix} A_1 & 0 & A_1 A_3 & 0 \\ 0 & A_2 & 0 & A_2 A_4 \\ A_3 A_1 & 0 & A_3 & 0 \\ 0 & A_4 A_2 & 0 & A_4 \end{bmatrix} \right\| \quad (\text{by the unitary invariance of the norm}) \\
&= \left\| \begin{bmatrix} A_1 & 0 & 0 & 0 \\ 0 & A_2 & 0 & 0 \\ 0 & 0 & A_3 & 0 \\ 0 & 0 & 0 & A_4 \end{bmatrix} \right\| + \left\| \begin{bmatrix} 0 & 0 & A_1 A_3 & 0 \\ 0 & 0 & 0 & A_2 A_4 \\ A_3 A_1 & 0 & 0 & 0 \\ 0 & A_4 A_2 & 0 & 0 \end{bmatrix} \right\|
\end{aligned}$$

$$\begin{aligned}
&\leq \left\| \left\| \begin{bmatrix} A_1 & 0 & 0 & 0 \\ 0 & A_2 & 0 & 0 \\ 0 & 0 & A_3 & 0 \\ 0 & 0 & 0 & A_4 \end{bmatrix} \right\| + \left\| \begin{bmatrix} 0 & 0 & A_1 A_3 & 0 \\ 0 & 0 & 0 & A_2 A_4 \\ A_3 A_1 & 0 & 0 & 0 \\ 0 & A_4 A_2 & 0 & 0 \end{bmatrix} \right\| \right\| \quad (\text{by (2.2)}) \\
&= \left\| \left\| \begin{bmatrix} A_1 & 0 & 0 & 0 \\ 0 & A_2 & 0 & 0 \\ 0 & 0 & A_3 & 0 \\ 0 & 0 & 0 & A_4 \end{bmatrix} \right\| + \left\| \begin{bmatrix} |A_3 A_1| & 0 & 0 & 0 \\ 0 & |A_4 A_2| & 0 & 0 \\ 0 & 0 & |A_1 A_3| & 0 \\ 0 & 0 & 0 & |A_2 A_4| \end{bmatrix} \right\| \right\| \\
&= \left\| \left\| \begin{bmatrix} A_1 + |A_3 A_1| & 0 & 0 & 0 \\ 0 & A_2 + |A_4 A_2| & 0 & 0 \\ 0 & 0 & A_3 + |A_1 A_3| & 0 \\ 0 & 0 & 0 & A_4 + |A_2 A_4| \end{bmatrix} \right\| \right\|.
\end{aligned}$$

This proves inequality (2.3).

The rest inequalities follow from (2.3), (1.1) and (1.2).  $\square$

**Corollary 2.6.** Let  $A_1, A_2, \dots, A_n$  be positive operators in  $\mathbb{B}(\mathcal{H})$ . Then

$$\|A_1 + A_2 + \dots + A_n\| \leq \max \{\|A_i + (n-1)\|A_i\| : i = 1, 2, \dots, n\}. \quad (2.4)$$

**Proof.** First we show that

$$\begin{aligned}
&\begin{bmatrix} A_1 & A_1^{1/2} A_2^{1/2} & \dots & A_1^{1/2} A_n^{1/2} \\ A_2^{1/2} A_1^{1/2} & A_2 & \dots & A_2^{1/2} A_n^{1/2} \\ \vdots & \vdots & \ddots & \vdots \\ A_n^{1/2} A_1^{1/2} & A_n^{1/2} A_2^{1/2} & \dots & A_n \end{bmatrix} \\
&\leq \begin{bmatrix} A_1 + (n-1)\|A_1\| & 0 & \dots & 0 \\ 0 & A_2 + (n-1)\|A_2\| & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & A_n + (n-1)\|A_n\| \end{bmatrix}. \quad (2.5)
\end{aligned}$$

It is enough to show that

$$C = \begin{bmatrix} (n-1)A_1 & -A_1^{1/2} A_2^{1/2} & \dots & -A_1^{1/2} A_n^{1/2} \\ -A_2^{1/2} A_1^{1/2} & (n-1)A_2 & \dots & -A_2^{1/2} A_n^{1/2} \\ \vdots & \vdots & \ddots & \vdots \\ -A_n^{1/2} A_1^{1/2} & -A_n^{1/2} A_2^{1/2} & \dots & (n-1)A_n \end{bmatrix} \geq 0.$$

To see this, we note that

$${}_n C = \begin{bmatrix} (n-1)A_1^{1/2} & -A_1^{1/2} & \dots & -A_1^{1/2} \\ -A_2^{1/2} & (n-1)A_2^{1/2} & \dots & -A_2^{1/2} \\ \vdots & \vdots & \ddots & \vdots \\ -A_n^{1/2} & -A_n^{1/2} & \dots & (n-1)A_n^{1/2} \end{bmatrix} \begin{bmatrix} (n-1)A_1^{1/2} & -A_1^{1/2} & \dots & -A_1^{1/2} \\ -A_1^{1/2} & (n-1)A_2^{1/2} & \dots & -A_n^{1/2} \\ \vdots & \vdots & \ddots & \vdots \\ -A_1^{1/2} & -A_2^{1/2} & \dots & (n-1)A_n^{1/2} \end{bmatrix} \geq 0.$$

Next, by letting  $X_i = I$  and replacing both  $A_i$  and  $B_i$  by  $A_i^{1/2}$  in Theorem 2.2, we obtain

$$\begin{aligned}
\|A_1 + A_2 + \dots + A_n\| &\leq \left\| \left\| \begin{bmatrix} A_1 & A_1^{1/2} A_2^{1/2} & \dots & A_1^{1/2} A_n^{1/2} \\ A_2^{1/2} A_1^{1/2} & A_2 & \dots & A_2^{1/2} A_n^{1/2} \\ \vdots & \vdots & \ddots & \vdots \\ A_n^{1/2} A_1^{1/2} & A_n^{1/2} A_2^{1/2} & \dots & A_n \end{bmatrix} \right\| \right\| \\
&\leq \left\| \left\| \begin{bmatrix} A_1 + (n-1)\|A_1\| & 0 & \dots & 0 \\ 0 & A_2 + (n-1)\|A_2\| & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & A_n + (n-1)\|A_n\| \end{bmatrix} \right\| \right\| \quad (\text{by (2.5)})
\end{aligned}$$

Hence

$$\|A_1 + A_2 + \dots + A_n\| \leq \max \{\|A_i + (n-1)\|A_i\| : i = 1, 2, \dots, n\}. \quad \square$$

**Corollary 2.7.** Let  $A$  and  $B$  be normal operators in  $\mathbb{B}(\mathcal{H})$ . Then

$$\|A + B\| \leq \max \{\| |A| + \|A\| \|, \| |B| + \|B\| \| \}.$$

**Proof.** Letting  $n = 2, A_1 = |A|, A_2 = |B|$  in (2.4), we obtain

$$\begin{aligned}
\|A + B\| &\leq \| |A| + \|B\| \| \quad (\text{by (2.2)}) \\
&\leq \max \{\| |A| + \|A\| \|, \| |B| + \|B\| \| \}. \quad \square
\end{aligned}$$

To establish the next result we need the following lemma.

**Lemma 2.8.** [6, Theorem 1.1] If  $A, B, C$  and  $D$  are operators in  $\mathbb{B}(\mathcal{H})$ , then

$$\left\| \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right\| \leq \left\| \begin{bmatrix} \|A\| & \|B\| \\ \|C\| & \|D\| \end{bmatrix} \right\|. \quad (2.6)$$

**Corollary 2.9.** Let  $A \in \mathbb{B}(\mathcal{H})$ . Then

$$\|AA^* + A^*A\| \leq \|A^2\| + \|A\|^2 \quad (2.7)$$

and

$$\|AA^* - A^*A\| \leq \|A\|^2. \quad (2.8)$$

**Proof.** Letting  $n = 2, A_1 = B_1 = A, A_2 = B_2 = A^*$  and  $X_1 = X_2 = I$  in Theorem 2.2 we get

$$\begin{aligned}
\|AA^* + A^*A\| &\leq \left\| \begin{bmatrix} A^*A & A^{*2} \\ A^2 & AA^* \end{bmatrix} \right\| \\
&\leq \left\| \begin{bmatrix} \|A^*A\| & \|A^{*2}\| \\ \|A^2\| & \|AA^*\| \end{bmatrix} \right\| \quad (\text{by (2.6)})
\end{aligned}$$

Since

$$\begin{bmatrix} \|A^*A\| & \|A^{*2}\| \\ \|A^2\| & \|AA^*\| \end{bmatrix} = \begin{bmatrix} \|A\|^2 & \|A^2\| \\ \|A^2\| & \|A\|^2 \end{bmatrix}$$

is self-adjoint, the usual operator norm of this matrix is equal to its spectral radius, so

$$\left\| \begin{bmatrix} \|A\|^2 & \|A^2\| \\ \|A^2\| & \|A\|^2 \end{bmatrix} \right\| = \|A^2\| + \|A\|^2.$$

This proves inequality (2.7). To prove inequality (2.8), putting  $n = 2, A_1 = B_1 = A, A_2 = B_2 = A^*$  and  $X_1 = I = -X_2$  in Theorem 2.2, to get

$$\begin{aligned}
\|AA^* - A^*A\| &\leq \left\| \begin{bmatrix} A^*A & 0 \\ 0 & AA^* \end{bmatrix} \right\| \\
&\leq \left\| \begin{bmatrix} \|A^*A\| & 0 \\ 0 & \|AA^*\| \end{bmatrix} \right\| \quad (\text{by (2.6)}) \\
&= \|A\|^2. \quad \square
\end{aligned}$$

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